# Top Of The Bald

Spring 2023 Edition

Brought to you by the WLPOA BOARD OF DIRECTORS and the WLPOA STAFF



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Thank You! to the TOB Advertisers

#### **Wolf Laurel Property Owners Association (WLPOA)**

#### **Board of Directors:**

John Brackett (2021) President

Carl Larrabee (2020) Vice President

**Theodore Meyer (2021) Secretary** 

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**Natalie Morris (2023)** 

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Scott McCaleb (2022)

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**Earlene Shofi Immediate Past President & Personnel** 

Website: www.wolflaurelpoa.com

BY-LAWS OF THE WOLF LAUREL
PROPERTY OWNERS ASSOCIATION, INC

Article II. # 4. "To promote and/or arrange social, recreational, and educational activities of members."

#### **POA / Village Club Staff**

WLPOA Director: Liz Benson -

liz@wolflaurelpoa.com, 828-689-9229

Village Club Manager: Carol Jones -

carol@wolflaurelpoa.com, 828-689-4089



#### Other VC Staff:

**Caitlin Bush** 

**Donna Dickey** 

**Paul Dickey** 

**Walt Liebert** 

**Robin Alleman** 

**Brian Alleman** 

**Dan Kaufman** 

**Theo Meyer** 

#### **WLPOA:**

91 Village Lane Mars Hill, NC 28754

828-689-9229

TOB Editor/Publisher, Webmaster Larry Veatch larryv8@gmail.com

#### **Editorial Committee**

Betsy Browne Rich Ashley
Ron Metcalf Bob Hicks
Lynn Cagney Rick Zinter

Have a great Season!

The WLPOA office frequently receives questions about WLRMS;
Any WLRMS questions should be addressed to WLRMS at 828-680-9162, or

wlroads@wolflaurelrms.com, or wlsecurity@wolflaurelrms.com.

#### **President's Notes**



If you are like me, you are excited to see the signs of spring and are looking forward to the season of fun and relaxation in Wolf Laurel. The POA and Village Club staff and your POA Board are prepared for this new season and we look forward to seeing everyone in the village.

Your POA and Village Club continue to grow. We are thankful for your support and we continue to seek your input on how we can improve our service to you. We also want to encourage anyone that has not yet joined the Village Club to please consider joining. Not only will you benefit from the many services provided, but you will also make a significant contribution to our community.

This is my last term on the POA Board. It is hard for me to believe I have been on the POA Board for six years, but the time has come for me to pass on the privilege to serve to someone else. I first want to say Thank You for your support of the POA Board. Many of you have provided positive and supportive comments over the years, and I thank you! My last request is to ask that you please consider serving on the POA Board.

Each year we seek candidates to run for the POA Board and volunteers to participate on various committees. It's that time of year again, and we are looking for volunteers to serve the community. Please consider serving this year. If you are interested in learning more, please contact the POA office.

I wish everyone a happy and relaxing spring and summer on the mountain!

#### John Brackett



Cover photo from Big Bald
by Chuck Kinsey





#### **WLPOA Notes**

**Package Depot Update:** If your PIN code is not working appropriately on the main door for residents, please try the other door on the left. People have been having a hard time opening the main door recently.

- 1) Please make sure you press "#" first, then your PIN code
- 2) Wait for the beep
- 3) Gently push door handle forward, then gently pull door handle towards you to open \*\*\*If you are still having issues with your PIN codes, please contact Carol at (828)689-4089 or carol@wolflaurelpoa.com.

#### **Community Events:**

Wolf Laurel resident, **Amanda Ladd**, will be performing at the Southern Repertory Theatre (SART) in Mars Hill from May 18th-28th. She will be starring in a play called "The Azure Sky in Oz". This play consists of true stories of two women whose lives are changed by the neurodiverse (atypical patterns of thought or behavior). Let's cheer on our local performer and show her some support! For more information and to purchase tickets, please go to: <a href="https://www.sartplays.com/49">www.sartplays.com/49</a>

Hospice Fern Sale: It's that time again - preorder ferns by May 18th. Wolf Laurel Community will conduct the annual Boston Fern Sale to benefit Hospice of Madison County. Ferns will be available this year for pick up at the Wolf Laurel Country Club on Thursday, May 25th. The ferns cost \$25 each. Any additional donation to Hospice of Madison County will be greatly appreciated. Please see the flyer on page 16 for more details. For questions or to place an order, please email Crellin Byrd at crellinjb@gmail.com or call (954)806-1902.

#### Village Club Notes

Village Club is gearing up for a busy 2023 season! Opening weekend is Memorial Day Weekend (May 27th). The pool will be open and will be heated! Get to know your 2023 Village Club staff members. Please read their attached bios on pages 10 & 11, and tell them "Hi" when you're down at the Village!

Our 2023 **Kids Camp** will be from July 3rd to July 7th from 9 AM to 3 PM. We are looking for five teachers and five counselors to help run this camp. If you're interested in helping kids make a difference, please contact Carol Jones at carol@wolflaurelpoa.com.

The **Friday Nighters** (Village Club members only) will kick off May 5th, and will be held at the Village Club Pavilion at 6 PM. Since the first one will be on Cinco de Mayo, we'll be having a fiesta-themed event. Wear your ponchos and sombreros, bring a Mexican-theme appetizer to share, and BYOB. The Village Club will provide paper products, utensils, and soft drinks.

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#### Village Club Notes

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**Monday Night Potlucks** (6 PM) will begin May 8th and will be held at the Village Club Pavilion. Bring a dish to share and BYOB; The Village Club will provide paper products and utensils.

The first **Dining Out with Friends** event will be on Thursday, May 11th, at 5 PM at the Garden Deli/Snap Dragon Restaurant in Burnsville. If interested, please contact Linda Mullins at <a href="mailto:mrsdepp826@gmail.com">mrsdepp826@gmail.com</a>. This event requires RSVP and has a 16 guest maximum.

**Pickleball** will include play at 9 AM Mondays (ladies and new players), 10 AM Wednesdays and Fridays, and 2 PM Sundays. For more information, contact Julio at <a href="mailto:jromerojr7781@gmail.com">jromerojr7781@gmail.com</a>.

If you're interested in learning the game of pickleball, or maybe need a refresher course, there will be a **Pickleball Clinic** for beginners (Village Club members only); please contact Caitlin at caitlin@wolflaurelpoa.com.

**Group Fitness** classes at the Village Club will begin Monday, May 1st and continue each Monday and Thursday @ 9:00 AM for the season. These classes are normally held on the hardcourt, but during inclement weather will be held inside the Village Club. The classes incorporate muscle toning, balance and flexibility. Please bring a mat, water, towel and hand weights. ALL FITNESS LEVELS ARE WELCOME! Please contact Mary Lou Woodiwiss (American Council on Exercise Certified Professional) at <a href="https://www.wbwoody1@hotmail.com">wbwoody1@hotmail.com</a> or 772-321-3288 for further information.



**Yoga** classes, beginning May 26<sup>th</sup>, will be 9AM to 10:15 Tuesdays and Fridays, and will include restorative, yin (long stack poses), and active yoga (dynamic poses, followed by short stack poses). Standing, balancing, kneeling, and lying down poses will be practiced. Classes will be held in "The Barn" (the lower entrance to the Community Center) and through Zoom. Please bring an exercise mat and water. For more information, contact John Shoemaker, a 500-hour certified yoga teacher through Yoga Alliance. Contact John at johnhshoemaker@gmail.com.

**Samba** will be at 1 PM on Fridays beginning May 5th. Each table must have four participants, with a maximum of 12 players, and is based on a first-come-first-serve response basis. Games will be held in the Community Center. Please bring a snack to share. To RSVP, or for more information, contact Linda Mullins at <a href="mrsdepp826@gmail.com">mrsdepp826@gmail.com</a>.

#### **Village Club**

#### VILLAGE CLUB IS GEARING UP FOR A BUSY 2023 SEASON

Caitlin Bush 1<sup>st</sup> year front desk and organizing Events & Programs starting April 18<sup>th</sup>. The VC committee has a lot of fun things planned for this year and Caitlin will be sending out an email in May with a list of Events & Programs. If you would like to be involved with the planning or have a fun idea for the season, please contact Caitlin Bush (caitlin@wolflaurelpoa.com) or call the office: 828-689-4089.

The staff will be here in the month of May to organize and prep for the opening weekend on Memorial Weekend (May 27th). The pool will open Saturday May 27th.

We are very lucky to have returning staff members and new staff members to introduce this season. Please see the bios below to acquaint yourselves with the staff members.

Liz Benson Village Club Director: 2<sup>nd</sup> year working as POA Director - Hi Wolf Laurel neighbors! My name is Liz Benson and I am the POA Director here in our wonderful community. This will be my second season with WLPOA and I am still enjoying every minute of it! I am fortunate enough to work in the same community where I live. My husband, Bo, my sweet mother -in-law, Becky, and our fur animals moved here on the mountain full time from Plano, Texas two years ago. One of the many reasons we moved to Wolf Laurel is not only the breathtaking views but all the numerous activities it has to offer. I enjoy mountain biking, hiking, playing basketball and pickleball, attending music festivals, and dining at different restaurants. I love food! Liz can be reached at <a href="mailto:liz@wolflaurelpoa.com">liz@wolflaurelpoa.com</a>.

Carol Jones Village Club Manager: 4<sup>th</sup> Year working with the Village Club & POA - My husband David & I moved to Wolf Laurel 4 years ago from Asheville. We love the mountain life and the community. We have a daughter (Marina) who lives in Hickory, NC and 2 mountain dogs (Bella & Blaze) that love hiking as much as we do. In my spare time I like working in my flower gardens. I started working for the Village Club 4 years ago as front desk and accepted the Village Club Manager position soon after. It has been a pleasure to serve the community. Carol can be reached at <a href="mailto:carol@wolflaurelpoa.com">carol@wolflaurelpoa.com</a>.

Caitlin Bush: 1st year Seasonal Front Desk, Events & Programs Coordinator - Hi, I'm Caitlin Bush! My husband, Tom, and I moved to Wolf Laurel in April of last year from Fort Collins, Colorado, with our two Bernese Mountain Dogs (Creedence and Skynyrd) and our cat (Tulo). Born and raised in Fort Collins, I graduated from Colorado State University with a Bachelor of Science, and spent the past nearly 10 years working as a Social Worker with low income elderly, blind, disabled, and mental health clients. I have a great love for the outdoors, and enjoy hobbies such as snowboarding, kayaking, hiking, and camping. Since moving to Wolf Laurel, Tom and I have gotten to know so many wonderful neighbors and immersed ourselves with the overwhelming number of activities available within our

community. I am so grateful and excited to begin this new journey working with the Village Club and look forward to meeting and getting to know all of you! Caitlin can be reached at <a href="mailto:caitlin@wolflaurelpoa.com">caitlin@wolflaurelpoa.com</a>.

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**Donna Dickey:** 4<sup>th</sup> year Seasonal staff for Village Club and part time Package Cabin - After enjoying life in the Florida Keys for 20 years, Paul & I feel like we are "back home" in Wolf Laurel. I love cooking and the local farm to table resources make it even more enjoyable. We are closer to family here and enjoy sharing our "slice of heaven" when they come to visit. We both are excited about a new season as we enter our fourth year at the Village Club.

**Paul Dickey:** 4th year Seasonal staff for Village Club - Donna & I have been property owners at Wolf Laurel since 2002. We decided to become full time residents in 2017. Although we sometimes miss the Florida Keys with the boating and fishing, we love our mountain lifestyle and the quiet seclusion of our community. We look forward to our fourth year at the Village Club and meeting new neighbors.

Dan Kaufman: 2<sup>nd</sup> year at Package Cabin and 1<sup>st</sup> year to join the Village Club staff - My wife Kammie and I moved to Wolf Laurel from Bradenton FL in July of 2021. I retired as a Major from the Manatee County Sheriff's Office after 31 years of service; prior to purchasing a home in Wolf Laurel we vacationed here for 10 years and knew the peace and tranquility of WL was for us. I have been married for 34 years and have two boys, one residing in the UK, the other lives in Mooresville, NC. I enjoy golf and a full night's sleep now after retirement.

**Walt Liebert:** 1<sup>ST</sup> **year Village Club Staff -** After living in 9 states and visiting all 50, we chose Wolf Laurel to retire. We have been fulltime residents for 4 years. Melanie, my wife of 47 years and our fur baby (Duffy) look forward to what the area has to offer. I am a bit of a foodie and Melanie is a design maven. We love living here and if you see us around please stop and say hello.

**Brian & Robin Alleman:** 2<sup>nd</sup> **year Village Club Staff -** We moved to Hickory NC from Michigan in 2019. After a very hot summer in Hickory we visited Wolf Laurel and bought a home in 2021 for the summer months and cooler climate. Look forward to meeting new faces this season in the Village.

Theo Meyer: 2<sup>nd</sup> year at Package Cabin and 1<sup>st</sup> year to join the Village Club Staff - Born and raised in Bronxville, NY. Bronxville High School graduated in 1963. University of South Carolina 1964-68. BA in History. United States Army 1969-71; Federal Court Liaison to Richard S. Goldsmith, Chief Magistrate for the United States District Court for the Northern District of California. University of South Carolina School of Law, 1971-74. Juris Doctor. Practiced law in Hilton Head Island, SC 1974-1995; Practicing in the areas of Commercial and Residential Real Estate, Real Estate Development; Corporations and Partnerships, Wills, Trusts, and Probate law. Owned and operated Coastal Wine & Beverage, Charleston, SC 1991-2005. Statewide distribution and importation of fine wines from the United States, France, Italy, Spain and Southern Hemisphere. Business Consulting in the fields of wine importation and distribution, including retail sales 2005-2018. Moved to Wolf Laurel in April of 2020. Purchased home in September, 2020, after visiting Wolf Laurel and western NC for the past 15 years. Interests and other activities: Cooking, baking, gardening, hiking, litter patrol, wine education, travel.

Thank the staff when you get the chance.

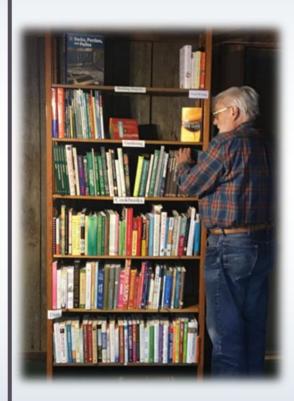
#### **POA Library Report - Spring 2023**

## **Library Gains Shelving for Growing Collection April 2023 Library Report**

Yvonne Carignan

#### **New Shelves**

There is never enough space. Is that not true for our homes? It is also generally true in our library, but two new (repurposed) sections of shelving, one in the children's room and another in the adult non-fiction collection, have rewarded us with some welcome room for growth. In the children's room, the extra shelves allow us to spread out those delightful books so that young people can enjoy finding books more easily.



For adults, new shelving in the basement means that large cookbooks and diet books can finally fit on the shelves with the rest of the books in those topics so that we can see everything we need in one area. Moving cookbooks over means that other sections can be better organized and more accessible. Steve Wilcox and Jim Klumpp dedicated an entire Friday to moving and assembling the shelves, a task that required all their strength and many of their carpenter's skills and tools. Thank you, Steve and Jim!

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#### Gift of Movies on DVDs (continued)

Recently we received such a large donation of movie DVDs that our movie collection nearly doubled. The whole range of films is present: recent movies, old westerns, adventure and suspense, romantic comedy, historical themes, war movies, kids' adventures, and children's favorites. Children's DVDs are separated at the end, although there are many family favorites mixed in with the adult movies. If you are a science fiction fan, we have, for example, a *Star Wars* collection and *Avatar*. Besides feature films, we also have runs of TV shows, a variety of exercise/fitness programs, and cooking demonstrations. Take a look; you may find something to enjoy. All DVDs are in the room off the first-floor hallway.





#### **New Fiction**

A big shout out to Russ Woodiwiss for donating a box of new novels by popular authors – Box, Grisham, etc. – to the fiction collection. With many other book donations, the fiction collection is fresh and ready for readers this season.

We hope you will stop by – bring the kids – and check out the new offerings and arrangements of books, DVDs, movies and games in your library.



#### **WLRMS President's Message**

#### **Presenting our Community Relations Coordinators at Wolf Laurel**

Wolf Laurel RMS HOA has built upon the prior "Rover" position and have created what we now call a "Community Relations Coordinator". This transition has allowed Wolf Laurel RMS HOA to expand the duties of the individuals that hold this title. Currently, we have two employees that fill these positions, Dylan our day shift, and William as our night shift. Dylan and William both work diligently with the security gate to keep the community effectively safe and secure for our residents and visitors alike.

You may ask, "What does a Community Relations Coordinator do?". Simply put, the goal of the Community Relations Coordinator is to alleviate board members from working overtime chasing complaints, compliance concerns, and handling resident's requests. Previously, we operated with "Rovers" simply patrolling and not necessarily addressing covenant violations or further matters. Both Dylan and William will work hard to enforce the community's covenants so that residents may enjoy the environment as it was intended when it was created. You may see the guys from time to time engaging with residents regarding concerns from lighting violations to collecting details of suspicious vehicles that residents may want investigated. Dylan and William have been a pleasure to work with thus far and we believe you will find the same to be true when you encounter them.

Our Community Relations Coordinators are available 7 days a week with varying scheduled times and focused on high traffic days for visitors and meeting the needs of the community as planning permits. With that being said, please remember if you are planning a large event of any sort, update My Green Condo with your guest list and let the staff at Wolf Laurel RMS HOA know preferably 2 weeks in advance so that we can schedule security staff appropriately.

Shall you need assistance from our security team, please reach out to the front gate and express the concerns you may have. Otherwise, feel free to email them at <a href="wlsecurity@wolflaurelrms.com">wlsecurity@wolflaurelrms.com</a> for less urgent needs. Always remember, in case of an emergency please dial 911 as our staff cannot provide emergency medical assistance.

Here at Wolf Laurel RMS HOA, we continuously strive to provide a helpful, friendly staff that truly care about this community and the preservation of it.

Ron Stone, President

Find information on the WLRMS at:

https://www.mygreencondo.net/wlrms/index



#### **WLCC Events and Activities Committee**

We will have the 2023 Memorial Day Service event on May 29, 2023 at 11:00 AM to commemorate our fallen war heroes in front of the WLCC clubhouse. This year's speaker will be Ric Hunter, COLONEL, US Air Force (Retired). He was a commander and combat fighter pilot having flown the F-4 Phantom and F-15C Eagle in his 27-year active duty career. He was a three-time top gun, and Fast FAC (forward air controller) for high-threat enemy engagements while



flying fighter aircraft. After the attacks of 9-11, he returned to serve his country for another 8 years as Program Manager for Air Force flight simulators. He is a freelance writer/photographer for feature length articles in national and international magazines. He published FIREHAMMER, a historical fiction novel that puts the reader in the cockpit of an F-4 Phantom during the evacuation of Saigon, South Vietnam, and during the last battle of the war; the rescue of the SS Mayaguez and its crew. The last 41 names on the Vietnam Veterans Memorial are from this battle. His book won several awards and was nominated for a Pulitzer Prize in 2016. Ric is retired with his wife Jan in the mountains of western North Carolina and they love to spend time with their four children and five grandchildren.

This event is open to ALL who wish to attend and hope you can join us on this important day. The program will be followed by a barbecue at the club.

We also have a mountain favorite, Food Truck Mondays, continuing this year. It is open to all on the mountain, and it starts at 4:30 on Mondays May to September, with a variety of food trucks. The bar is open, and music on most Mondays too!

Kathleen M. Freihofer

We also offer many other great events at the clubhouse. Those interested in joining WLCC, can contact Paige Thomas at 828-680-2601, paigewlcc@gmail.com or Cathy Johnson at cathykjohnson@verizon.net. Admission fees are \$10K (social) and \$15K (golf).

Susan Benardo

Tim Davis sunrise photo from the WLCC



## WOLF LAUREL COMMUNITY ANNUAL MADISON COUNTY HOSPICE BOSTON FERN SALE



PREORDER BY MAY 18th

PREORDERS ONLY - \$25 Each
PICKUP ON MAY 25 AT WLCC

EMAIL ORDER TO CRELLIN BYRD

crellinjb@gmail.com - QUESTIONS - 954-806-1902

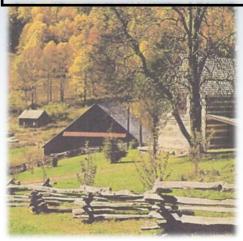
#### **Wolf Laurel Historical Society**

#### **Wolf Laurel Historical Society Announces 2023 Programs**

Summer is on the way, and with it a full schedule of programs illuminating key historical properties and events from Wolf Laurel's early and recent history. In addition to three programs on our history, the Society will host an end of the year picnic for its members and guests. Mark them on your calendar and join your neighbors to celebrate our beautiful mountain and its colorful history.

Archeology of Our Community Center: A Working Barn is Raised, c1887. In June, Taylor Barnhill, researcher for the Appalachian Barn Alliance and member of the WLHS board, will present the results of his documentation of the c1887 Willis Barn that today serves as the Wolf Laurel Community Center. This is the most thorough examination ever made of the construction techniques and special characteristics of this nearly century and a half old barn, conducted by a master architectural archeologist. The builder — Oscar Willis — was a late nineteenth century farmer-entrepreneur who owned the largest portion of the Madison County side of today's Wolf Laurel, where he raised his family, farmed the slopes, and ran a grain and sawmill. Two of his family's homes and our magnificent barn remain, testifying to the extraordinary skills of the barn builders of the late nineteenth century and to our land's agricultural past. The

Mars Hill High School Yearbook, 1967 Wildcat, Courtesy Louise and Terry Wyatt



program will be held at the Wolf Laurel Community Center Pavilion at 4 PM, on Wednesday, June 21<sup>st</sup>. Don't miss the opportunity for a peek at the Community Center's unique history.

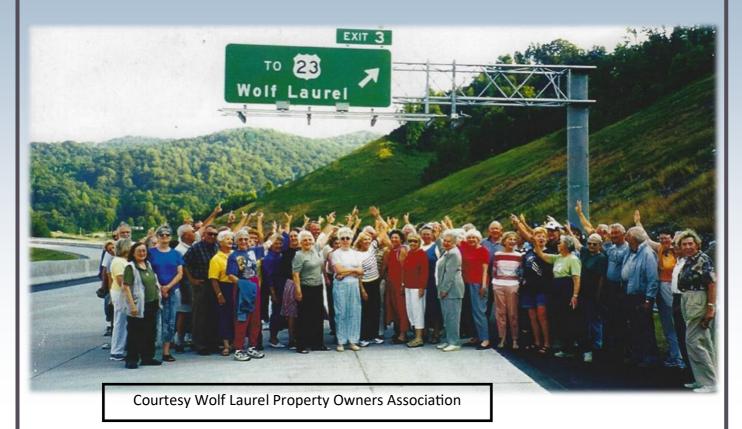


A Railroad to Bald Mountain, c1905. In July, Gene Woolf will present a program on the Caney River Railway. In 1900, construction on the Clinchfield Railroad (from Cincinnati through Johnson City and Erwin to South Carolina) breached the Bald Mountains and reached Huntdale, North Carolina. Shortly thereafter, on the steps of the Yancey County Courthouse in Burnsville, the Buck family purchased the tract of land known as Bald Mountain Boundary with its eight to twelve million feet of hardwood. In

1903, the North Carolina legislature incorporated the Caney Valley Railway to run the eighteen miles between Huntdale and the meadow across from today's Buck House at the Yancey County gate to Wolf Laurel. Woolf will talk about that railway and the narrow-gauge extension that ran behind the Buck House and up toward Big Bald to carry the harvest of hardwood to the markets of the Eastern United States. The program will begin at 4 PM, at the Wolf Laurel Country Club Dining Room, on Wednesday, July 19<sup>th</sup>. The program is open to all through the courtesy of the Wolf Laurel Country Club. Don't miss this chance to see today's artifacts from Wolf Laurel's industrial past. (continued)

#### **Wolf Laurel Historical Society**

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The Day that Changed Wolf Laurel, August 5, 2003. One of the most eagerly anticipated moments in the history of Wolf Laurel was twenty years ago this summer. On that momentous day, residents joined ceremonies at the nearby highway rest area and visitor's center as the Governor of North Carolina dedicated the new section of interstate between the junction of US23/US19 north of Mars Hill and Sam's Gap at the North Carolina/Tennessee border. Then, the new road opened for traffic. Through the efforts of Bald Mountain Development Corporation president Lee Smith, Exit 3 bore the name "Wolf Laurel." Wolf Laurel residents gathered under the exit sign for a photograph and to declare in triumph the melting of time required to reach Asheville to the south and Johnson City to the north. The new highway was instantly proclaimed a North Carolina Scenic Highway, and that rest area became a national award winner. We will mark the twentieth anniversary with a program featuring Rob Amberg, the noted local photographer and author of *The New Road*. His book tells the comprehensive story of the massive construction project that delivered that magnificent section of highway and depicts in story and photographs the forever altered lives of the people of Madison County displaced by that road. We will welcome the greater Upper Laurel community, as well as our members and their guests, to our program at the Ebbs Chapel Performing Arts Center, 281 Laurel Valley Road, on Tuesday, August 8<sup>th</sup> beginning at 7 PM.

The Historical Society will conclude its year with the annual meeting and picnic from 4-6 on Wednesday, September 6<sup>th</sup> from 4-6 PM. The location will be announced later; Look for it on our website.

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#### Wolf Laurel Historical Society

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We hope that all our past members, those new to the mountain, and everyone who will enjoy our programs this year will join us as members of the Wolf Laurel Historical Society. Admission to our individual programs is free of charge, but the expenses of our programs and activities are supported by the annual dues of our members. In 2023 memberships will remain \$20 for individuals or \$35 for the entire family. Your membership will also entitle you to free admission to the annual picnic (guests are welcome at the picnic for an admission fee covering provided food) and will support the other activities we do to keep Wolf Laurel's colorful history alive. And, the Wolf Laurel Historical Society is a 501 (c) 3 organization with contributions deductible to the full extent of the law. If you are new to Wolf Laurel and wish to learn more about the long, colorful history of your new community, please join the Society.

And don't forget that the story of these beautiful mountains — before and after Wolf Laurel came into being — is told in our publications. Want to know more about Oscar Willis? About the Buck lumber operation or the Caney River Railway? About the years of remoteness and the difference that the New Road made in Wolf Laurel lives? Or maybe you are a long-term resident of Wolf Laurel, excited about the new developments at the Wolf Ridge ski operation and want to hear about its past. Turn to our publications for answers to these questions and many more. Jim Klumpp and Warren Johnson's A Treasure in the Appalachian Sky: A History of Wolf Laurel in Madison and Yancey Counties, North Carolina is now on sale through the Society's website or at the Wolf Laurel Community Center. And to get to know the families that came before us to the mountains and valleys of the northwest corner of Madison County, your source is Upper Laurel and Her People by one of them - Delia Tipton Brittain. This book is also available through the website or at the WLPOA Community Center.

For more on our programs, on the history of Wolf Laurel, or our publications please visit the Society's website at WLHistory.org.

Please join us for our 2023 programs, and when your winter thoughts turn to your wonderful place in the mountains ponder our history with the publications that celebrate our wonderful community.

The Wolf Laurel Historical Society Board:

Warren Johnson Steve Wilcox Jim Klumpp Taylor Barnhill Brenda Whitt



The Wolf Laurel Historical Society at <a href="https://wlhistory.org/">https://wlhistory.org/</a>

#### For the Love of Hummingbirds

#### By Donna Cottingham

What makes the world's smallest bird such a huge pleasure for us to observe? Is it the tiny size? They weigh about the same as a nickel. Is it the way they dart about that makes them so entertaining? After all, they can easily fly forward, backward and sideways. Notice how no one ever complains about having hummingbirds in their garden? They are so darn cute we all enjoy having them around.

Spring marks the return of the hummingbirds. After a winter in Mexico and Panama, hummingbirds make their way back to the Carolinas. The three-month migration process starts with the males, followed by the females about 10 days later. A staggered schedule of departures continues over the next few weeks. During the journey, hummingbirds must travel about 500 miles to cross the Gulf of Mexico, which they do in about 22 hours. Surprisingly, they do not migrate in flocks. The process is completed by about mid-May. No wonder they arrive so hungry!

#### **Food for Hummers**

Early blooming columbine is an excellent nectar source for hummers arriving in early spring. Bee Balm is another native favorite. Since hummingbirds consume nectar from tubular flowers, petunias and salvias are good for attracting hummingbirds. Although Hummingbirds are attracted to red, they will seek any color flower that is a good source of nectar. In fact, they visit several thousand flowers a day. The tiny birds don't actually sip nectar, they use their long tongues to lap the liquid much like a dog laps water. People often add red food coloring to their hummingbird feeder solution but it is not necessary or beneficial to add color to attract the birds. A simple solution of four parts water to one part white table sugar is the rule of thumb for making your own nectar. Keeping the feeder clean on a regular basis is very important. Use warm water and a soft brush rather than harsh chemicals to clean your feeder.

#### **Nesting Hummers**

After the long return flight, eating is the first priority but nesting follows close behind. The female chooses a safe location before gathering soft plant material, moss and lichen. She then uses spider web to bind it together. The finished product is about the size of a quarter. Females lay one to three eggs, which hatch in about two to three weeks. The eggs are smaller than a dried pinto bean. Hummingbirds feed their young nestlings insects which they mix with nectar to make a "soup." In fact, insects are a



critical food source for all nesting birds. By eliminating pesticides in your garden, you will not only attract more birds to your yard but also help provide a safe food source for many birds to feed their young.

Donna Cottingham, a native of North Carolina, lives in Virginia, where she is a Master Naturalist, a nature writer, an avid gardener and an amateur photographer. She writes for a local weekly paper, garden club newsletters, a state garden club publication & sometimes a national one.

#### **New Homes for Our Feathered Friends**

We all have seen the construction of new homes on the mountain but have you also noticed the new homes for our feathered friends?

Last year Chuck Arthur and Steve Wilcox conducted a workshop that brought neighbors together to learn about Eastern Bluebirds. After a presentation on the Eastern Bluebird by Chuck, the group constructed Bluebird houses under Steve's guidance from Western Cedar donated by him.

Over the winter we installed 5 of those houses in Wolf Laurel with poles and predator baffles provided by Chuck. Four houses are in the village - two around the pond, one by the swimming pool and a fourth at the far end of the field below Valley View Circle. The fifth house is located along Wolf Laurel Rd. near Oakridge Lane.

As of 4/10 we have nests in 4 of the 5 installed boxes, however none are bluebirds. These nests are Chickadee nests and will be protected just as the Bluebirds are. The NC Bluebird Society also advocates for other native cavity nesters including the Chickadee, Tufted Titmouse, Nuthatch, Carolina Wren, House Wren, Tree Swallow and Great Crested Flycatcher. These are all native birds and they and their nests are protected by Federal and State law. The House/English Sparrow is an exception to this rule since it is an invasive alien species. It is also very destructive to Bluebird eggs and nests so please let Steve or Chuck know if you see any in our area. We

encourage you to enjoy watching nesting and bird activity and ask that you do so from a distance so as not to disturb the birds and their broods. Of course, please advise one of us if you notice any problems.

We are also working with the I-26 West NC Welcome Center, where we have installed 4 boxes on the grounds and an information display in the lobby. Stop in if you have a chance. There is plenty of neat information on the display.

If you have questions about locating a bluebird box on your property, please feel free to contact Chuck Arthur at madyanbluebirds@gmail.com. Chuck is the Madison/Yancey County representative for the North Carolina Bluebird Society and is also available for presentations. The North Carolina Bluebird Society at ncbluebird.org is another excellent resource.

Chuck Arthur



#### **Bear Aware**

This time of year, bears are very resourceful in finding shelter to raise their young. If you stumble upon a bear den occupied by a cub by its lonesome, the best action is to leave it alone. It's likely waiting for its mother to return from foraging and exploring. However, sometimes cubs are orphaned, and our agency can help. If you suspect a bear cub has been abandoned, note the location, leave the cub and walk away. Once you are in a safe area, call the NC Wildlife Helpline at 866-318-2401, or contact your local district wildlife biologist (bit.ly/3LPZ93k) for further guidance. If it's determined a bear cub has been orphaned, we will safely transport it to a professional bear cub rehabilitator.



**a**: Debbie Steinhausser

Considering a career in NC Wildlife Law Enforcement? Do you or someone you know have an interest in becoming a Wildlife Enforcement Officer?

The North Carolina Wildlife Resources Commission Law Enforcement Division will be accepting applications for the 60th Wildlife Law Enforcement Basic Academy.

Application period will be open through June 30th; call 919-707-0030.

#### **Bear Wise**

#### posted on Nextdoor by Michelle Fleckner of Big Ivy

https://bearwise.org/bearwise-store/How-BearWise-Are-You-CHECKLIST-p534874788/?mc cid=d8cb28fbce&mc eid=20e0983da0

#### **Fruit Trees, Gardens**

- Fallen fruit is picked up daily OR fruit is picked before it ripens.
- Fertilizers are free of blood-meal and bone-meal.
- Electric fencing protects the fruit trees, edible gardens, berry bushes, and ornamental fruit-bearing trees (such as flowering crabapples).



#### Be BearWise:

Avoid planting and consider removing ornamental fruitbearing trees and bushes.

#### Compost

- Meat, bones, fish, oil, grease, dairy products, eggshells, garbage or large amounts of fruit are not put in the compost.
- Compost is protected with a bearresistant enclosure or electric fence.



#### Be BearWise:

Follow USDA composting guidelines. Consider using an indoor composter.

#### **Unexpected Attractants**

Be aware that some outdoor features that can't be removed or easily protected can attract bears, such as:

- Swimming pool, hot tub, pond, stream, water features.
- Nearby woods, dense bushes, conservation areas.
- Natural foods (i.e. berries, acorns).



#### Be BearWise:

Don't give naturally curious bears any other reasons to stick around and look for people-provided 'food'.



If properly installed for your soil conditions and maintained, electric fencing is an effective deterrent for keeping bears out.

#### Chickens, Farm Animals

Bear-resistant buildings, enclosures, containers and/or electric fences protect:

- O Animals at night
- O Newborns, always
- O Livestock feed
- Dead animals are not buried near homes, buildings, livestock areas.



#### Be BearWise:

Take extra steps to keep your animals safe and their feed away from bears.

Bears may dig up buried carcasses. Consult your county for other options.

#### **Beehives**

- Permanent or portable electric fencing protects the beehives.
- Beehives are at least 3 feet away from the electric fencing.
- Beehives are at least 300 feet from dense bushes, trees or other places bears could hide.



#### Be BearWise:

Wisely locate and protect beehives. Spread the word to your fellow beekeepers.

#### Homes, Outbuildings

- O Doors and windows in houses and outbuildings are kept closed and locked, especially at night or when people are not home. Pay special attention to sliding glass doors, inward-swinging doors, French doors and doors with lever handles.
- Crawl spaces and small openings under home and other buildings are barricaded before hibernation.
- Refrigerators and freezers are kept inside sturdy, locked buildings.
- Attractants are not stored on upperlevel balconies/decks that bears can reach by climbing stairs, trees or deck posts.
- Garage doors are kept closed to keep bears away from stored attractants (i.e. pet food, birdseed, trash, food in fridge/freezer).
- Coolers with food/drinks are not stored on the porch, patio, deck or in a whicle.
- O Pet doors are locked at night.



#### Be BearWise:

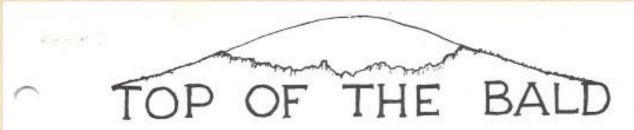
Screens don't keep out bears. Visit **BearWise.org** to learn how to use bear unwelcome mats and get other practical tips for keeping bears out.

#### Bears are smart, quick learners and may be active at any time of day.

Check with your state wildlife agency to find out when bears are most active in your area and what solutions are most effective (state and local regulations may vary).

Thanks for helping to keep people, pets and property safe and bears wild.





VOI. 3 NO. 1

## A Time of Change

#### Editorial

Not many newspapers use their front page lead article as an editorial, but we are facing vast changes that are occuring so rapidly that no individual can possibly keep up with the events occuring wihin and outside our gates. So the Editor thinks that a good way to start this first edition for 1990 is with an editorial to get things a little bit in perspective.

Dean Berkley (President of the WLPOA) says it best (see Prez Sez) --"Many will sense optimism and excitement and others will lament",

Wolf Laurel will not be what it used to be, but in this world nothing is static and change is inevitable.

We will adapt and continue to enjoy this paradise, each in his/her

The changes this Summer alone will cause some variance in each of our lifestyles and habits and to list a few (more inside) --

- New security system
- 2. Garbage recycling
- New membership and fees for Blue Mt. Club
- New golf policy
- Two entrances to Wolf Laurel and Blue Mt.
- 6. New road policy in the works
- New people in villas at Blue Mt. development
- 8. New gatehouse
- Limited or maybe no access to Big Bald
- 10. Construction, construction, construction 11. Limited social activities this summer
- 12. Only nine holes open on the golf course until August
- 13. A great new clubhouse in late Summer
- 14. Restaurant open on a very limited schedule

I guess that all of the above and others are inevitable, or maybe necessary, in the name of progress, but I and anybody else has a right to be nostalgic and a little sad to see the old ways, which we knew and loved, gradually erode and disappear.

But changes in the name of progress can never take away or alter the things we really love -- the good people and the fine friends we have known over the years -- this wonderful climate -- the

#### Hiking and Walking in the Wolf Laurel Area

Name	Miles
1. Walnut Mnt Nature Trl	1.10
2. Big Bald Loop	1.55
3. Bald Mnt Shelter	1.20
4. Spivey Gap	6.89
5. Little Bald Mnt	1.84
6. Big Bald & Back	0.62
7. Waterfall Loop	1.36
8. Panther Knob Loop	2.31
9. Double Springs	2.05
10. Nature Trl to AT	1.23
11. Nature Trl to Street Gap	2.95
12. Nature Trl via JC Loop	1.80
13. Sugar Fork	1.85
14. Double Symphony	4.22
15. 6th Symphony	3.25
16. Nature Trail to Big Bald	4.00
17. Weaver Knob Loop	2.50
18. Hog Greers Cave	1.10

#### Welcome to Wolf Laurel -

your private gateway to the Appalachian Trail

Made available for you is a list of hikes and variation of trails and foot paths to accommodate everyone from the casual walker to the hiking enthusiast.

If you're a new resident or just visiting, each map has a " Get Directions " button which will use Google Maps to assist you to navigate to the various trailheads. Each map also will offer a GPX button which allows you to download the GPS file which is creating the map you are viewing.

https://www.newprism.com/wolflaurelhikes

#### Walk in the Woods

Walk in the Woods was developed and managed by Yvonne Carignan and Brenda Whitt. During 2023, each month beginning in May, there will be walks in the Wolf Laurel area and off of the mountain. These walks will average 2 to 3 miles (moderate difficulty) and offer a great opportunity to meet and interact with other residents.

Brenda - brenda543@aol.com

Yvonne - <u>ycarigna@gmu.edu</u>

#### ABA's 3rd Annual Art Gala – "A Pastoral Palette"

## BENEFIT ART GALA APPALACHIAN BARN ALLIANCE



A Pastoral Palette MAY 26 & 27, 2023

Support the ABA at an Enjoyable Evening

The Appalachian Barn Alliance will again partner with The Saints of Paints to host an arts celebration by 14 Asheville-area artists on Friday, May 26 from 5:30pm to 8pm. These two groups come together with a single purpose – to honor the barns of western North Carolina's heritage.

Event details are at: https://appalachianbarns.org/pastoral-palette-art-show-gala/ The location is the beautiful setting of The Community Center at Lake Louise, 60 Lake Shore Drive, Weaverville, conveniently located just 1/2 mile from downtown Weaverville. Tickets for the Gala are \$45 each (\$40 for ABA members). TICKETS/ RESERVATIONS available by check or credit card on the website for the Friday, May 26 event. If you have questions, call 828 380-9146 or email: info@appalachianbarns.org

The Friday Evening Gala is a ticketed event offering samplings of food as well as complimentary wine and beer choices while mingling with the artists who will have several of their paintings for sale. The event continues—the following day is free and open to the public—on Saturday, May 27 with an opportunity to purchase the artists' works from 11am to 3pm.

Money raised for this event will benefit the work of the Appalachian Barn Alliance (a 501 c 3 nonprofit organization) in preserving the agricultural heritage of the Southern Appalachians as exemplified by the historic barns that dot the landscape.



#### From oceanside to mountainside

On a chilly Jan. 1, 2008, Freddy Nichols and his wife Elizabeth arrived on 200 acres they had purchased in the Shelton Laurel area of Madison County from Virginia Beach, Va. What did they know about the mountains? Only that his mother had grown up here. "But then, we started exploring," Nichols said.

On the property were several barns, and one — measuring 50' by 50' square — called for attention. This turn of the century traditional livestock barn (known as the Matt Wallin barn) was later adapted to additionally air cure burley tobacco. Matt Wallin had a sawmill which would explain why the big timbers in that barn were sawn rather than hewn.

It was in terrible condition, but Freddy and Elizabeth had a vision: They could transform it into a retreat for children who had cancer. For a week, they could romp among the fields, get near horses and cows, and, free of charge, pretend they had essentially gone to "camp" in the remote, quiet beauty of Western North Carolina. "Before" photos of the inside are below.

In 2009, the renovation began. The first level, with a hardwood floor and two restrooms, will be an open space for community gatherings. An eventual 16' by 50' addition will have a kitchen and dining area.



On the second level will be four bedrooms, each with its own bathroom.

And, plans for the third level call for it to be another open space for relaxation and games. Primarily handling the work himself with his son Tyler, Nichols removed all the siding, taking care to keep the old beams and

hardware on hand for authenticity's sake.

Then on New Year's Eve of 2009, a fierce windstorm threatened to take down what remained of the structure. But, despite the assault, it held its own, and Nichols took that as a "message" that



the revamping was meant to continue. In 2010, work on the interior began in earnest.

Tragically, in 2018, Elizabeth was diagnosed with cancer and passed away in the fall of that year. She wanted Freddy to continue with their dream. His hope, now, is to complete the project by December 31.

In September, he opened the structure for "Barn Day" tours, for which the Barn Alliance is most grateful, and he's happy to share details of his experiences with anyone who might want tips on how to revitalize an old barn. He's reachable at *freddynichols148@gmail.com*.

#### ABA Schedule for 2023

Friday, May 26 from 5:30pm to 8pm: 3rd Annual Art Gala – "A Pastoral Palette" ticketed event. Benefit sale of art with finger foods and wine. Details in the article above. Location is the Weaverville Community Center at Lake Louise.

Saturday, May 27 from 11am to 3pm: "A Pastoral Palette" continues and free/ open to the public.

Friday, June 9 & Saturday, June 10: Photo Workshop. Up close and inside barns in the county. History of each of the barns as you photograph them. Short introduction on late Friday afternoon. Out all day taking the photos on Saturday.

Saturday, June 10 from 10am to 4pm: Booth at the Bluff Mountain Festival in Hot Springs. Drawing for the quilt raffle at 3pm.

Month of September: "Barns of Madison County" exhibit at the Madison County Arts Council, 90 S Main Street in Marshall. Opening night is Friday, September 1.

Saturday, September 9 from 1pm to 7pm: 8th Annual Barn Tour Day ticketed event. Tour barns in the Upper Laurel area of Mars Hill just off Exit 3 north of the town. Followed by a dinner & music at the Upper Laurel Community Center.

Saturday, October 7 from 10am to 4pm: Booth at the Bascom Lamar Lunsford Festival on the MHU Quad. Same day as the Madison Heritage Arts Festival on College Street in Mars Hill.

Appalachian Barn Alliance • PO Box 1441 • Mars Hill, NC 28754-1441

http://www.appalachianbarns.org

The Appalachian Barn Alliance is looking for help in moving logs from a donated barn to a new site. In 2017, Elaine Ray Thomas and her husband Dave generously donated the family historic fluecured barn to the ABA.

Volunteers disassembled it and stored its logs awaiting a heritage farmstead site to reconstruct it for public viewing.

Now, we must move the logs from where they are stored to the Smith Farm at the Bailey Mountain Preserve. We hope to reconstruct it later in 2023.



#### **Nextdoor**

Shannon E Bryan - Wolf Laurel

Hi everyone...On June 3rd Wolf's Corner Plaza (Boundless Body Day Spa, Wolf Provisions, Mars Mini Trucks) will have a summer event. I am looking for activities for children (petting zoo, painting faces, etc.) and also a couple of local bands. Please contact me if you might have any suggestions. Call me at 828-776-7244.

Meghan Graham - Mars Hill Dogwood Heights High Ridge Bakery is a new Mars Hill micro-bakery offering artisan bread and baked goods weekly at the Mars Hill Farmer's Market.

Mandy Wilson - Mars Hill Dogwood Heights
POST YOUR LOCAL PICS FOR THE WORLD TO SEE, COME JOIN THE
GROUP!!!!!!!!

https://nextdoor.com/g/vrhcl8iyh



## NC Wildlife

#### North Carolina Wildlife Resources Commission

The North Carolina Wildlife Resources Commission, in collaboration with partners, announced the premiere of the Blue Ridge Snorkel Trail, a unique wildlife recreation opportunity located in Western North Carolina that connects people to the fascinating underwater world through a series of publicly accessible river snorkel sites.

Ten unique sites have been identified for inclusion in the Blue Ridge Snorkel Trail, spanning across western North Carolina. The sites are hosted by partners and are slated to open in late spring. Each site on the trail will be designated by signage that provides information on water safety information and notable aquatic species that may be found at the site.

The ten pilot sites are:

Catawba River Basin:

- Joseph McDowell Historical Catawba Greenway, Town of Marion

French Broad River Basin:

- Canton Recreation Park Boat Ramp, Town of Canton, Haywood Waterways Association, Inc.
- Mills River Park, Town of Mills River, Mills River Partnership
- Black Mountain Veterans Park, Town of Black Mountain

Hiwassee River Basin:

- Valley River Heritage Park, Town of Andrews

Little Tennessee River Basin:

- Bryson City Island Park, Town of Bryson City
- East LaPorte River Access Park, Jackson County
- Joyce Kilmer Bridge Fishing Access, United States Forest Service
- Queen Branch Nature Preserve, Mainspring Conservation Trust

Yadkin River Basin:

- Stone Mountain State Park, N.C. Division of Parks and Recreation

"River snorkelers will get to experience our rivers through the fishes' eyes and explore all of the unique and beautiful species that are hidden just under the surface," according to the Western Region Aquatic Wildlife Diversity Coordinator, Luke Etchison, Ph.D. of the Wildlife Commission's Inland Fisheries Division. "You'll get the chance to see crayfishes, mussels, aquatic snails, salamanders, aquatic insects, and fishes you don't normally see, even if you fish."



#### North Carolina Wildlife Resources Commission

Snorkeling is quickly becoming a popular alternative to the traditional uses of rivers and lakes, and participation has increased dramatically over the years with different businesses and organizations leading groups of people on guided trips. As river snorkeling's popularity has increased so has the economic stimulus to businesses and organizations in the region.

"The Blue Ridge Snorkel Trail is a logical partnership for us, given how it showcases the natural wonders of life under the water surface in our mountain region," said Western Regional Director Callie Moore of MountainTrue, a Southern Blue Ridge environmental and conservation organization with strong aquatic monitoring and conservation programs. "Given the excitement already generated around the pilot sites, we are hoping to secure more funding to expand this program so that there is a snorkel site in each county in Western North Carolina."

The timing of the trail's opening is serendipitous given the North Carolina General Assembly designated 2023 as the Year of the Trail to bring attention to the numerous outdoor recreational attractions and networks of diverse trails that North Carolina has to offer.

While still under development, information about site kick-off events with guided snorkeling, the trail, and snorkel sites will be provided on blueridgesnorkeltrail.com in advance of the trail's launch in late spring.



#### **Carolina Mountains Literary Festival**

#### September 7-9, Burnsville

This year's Carolina Mountains Literary Festival has a stellar lineup of authors, and brings a National Book Award winner to Burnsville.

National Book Award winner Jason Mott will be the festival's keynote speaker on Saturday evening. Jason is a New York Times and USA Today Bestselling author. He lives in southeastern North Carolina. Jason has a BFA in Fiction and an MFA in Poetry, both from the University of North Carolina at Wilmington. His poetry and fiction have appeared in various literary journals. He was nominated for a 2009 Pushcart Prize award and Entertainment Weekly listed him as one of their 10 "New Hollywood: Next Wave" people to watch.

Jason is the author of two poetry collections: "We Call This Thing Between Us Love," and "... hide behind me..." His first three novels are *The Returned*, *The Wonder of All Things*, and *The Crossing*. *The Returned*, his debut novel, was adapted by Brad Pitt's production company, Plan B, in association with Brillstein Entertainment and ABC. It aired on the ABC network under the title "Resurrection."

Jason's fourth novel,  $\mathcal{Hell}\ Of\ \mathcal{A}\ \mathcal{Book}$ , was released in the summer of 2021, and received the 2021 National Book Award. It's a story that goes to the heart of racism, police violence, and the hidden costs exacted upon Black Americans, and America as a whole.

The Carolina Mountains Literary Festival's mission is to bring together, in small, intimate settings, authors, readers of all ages, novice writers, listeners, and learners. This year's festival features 28 regional and award-winning authors giving workshops, presentations and other opportunities to learn and enjoy the written word. The festival is 100% volunteer-powered, and your help would be greatly appreciated.

Volunteers are and always have been an integral part of this festival. Even more so now with the huge lineup of authors and workshops. The festival needs more hands on deck.

If you are interested in supporting the mission by volunteering your time at this year's festival, visit <a href="mailto:cmlitfest.org/to-volunteer/">cmlitfest.org/to-volunteer/</a> to see available positions and to sign up.

CONTACT: Kelly Denton 203-331-7938 cmlitfest.pr@gmail.com



#### What To Do (and Not Do) If A Snake Bites You

By Avery Hurt Apr 10, 2023 9:00 AM, Discover Magazine

Snakes don't often bite people, but you should learn what to do in case one does bite you.

You're more likely to be struck by lightning than die from a **venomous snake bite**. But bites do happen. If you do find yourself on the business end of a snake's fangs, here are a few things you need to know.

What NOT to do if You Get a Snake Bite

The first thing to consider — you're probably not going to die (in the U.S.). The U.S. Centers for Disease Control and Prevention (CDC) estimates that <u>between 7,000 and 8,000</u> people in the U.S. are bitten by venomous snakes each year. And of those who are bitten, only about 5 percent die.

To put that in perspective, around **40,000 people die in car accidents each year**, according to the U.S. Department of Transportation. Regarding snake bites, prompt medical treatment is almost always effective.

The second thing to consider is — throw away your snake bite kit. Before snake bite kits came on the scene, we were advised that the best first aid for snake bite was the charmingly named "cut-and-suck" method. This involved cowboy-like heroics. The victim or a brave bystander would cut a slash near the bite site, suck out the venom, and then spit it out, being careful not to swallow any.

https://www.discovermagazine.com/health/what-to-do-and-not-do-if-a-snake-bites-you?utm\_source=acs&utm\_medium=email&utm\_email=larryv8%40gmail.com&utm\_campaign=News0\_DSC\_230420\_000000\_000V2AUD\_Paywall&eid=larryv8%40gmail.com

(continued)



#### What To Do (and Not Do) If A Snake Bites You

(continued) Snake bite kits took a bit of the bravado out of the method by providing tools for the job. A venom extractor did the cutting and sucking, making the whole process less dramatic. However, this method was **thoroughly debunked** years ago. It wasn't very helpful, and the suction could cause tissue damage of its own.

After debunking cut-and-suck, we were told to apply a tourniquet to keep the venom from spreading from the bite site. This, too, has been shown to be a poor idea. The tourniquet does indeed keep the venom from spreading, but that just leaves more concentrated venom at the bite site to cause tissue death. Because snake bites cause swelling, applying ice might seem like a good idea. It's not, though. Ice can add to the tissue damage.

Another common cowboy response is to take a slug of alcohol for the pain. (Snake bites rarely kill, but they can hurt like a monster.) But the CDC says no. You can have a drink later when you're telling your peeps the story of your snakebite.

So that's what not to do.

#### What to do if You Get a Snake Bite

That part is pretty simple. Stay calm and get to the hospital as soon as possible. The best first aid for snake bites is already in almost everyone's pocket: a cell phone. If a snake bites you or you are with someone who is, call 911 immediately and let the pros handle it.

While waiting for the EMT heroes to arrive, carefully follow the dispatcher's instructions. The CDC advises washing the wound with soap and water and keeping the bite area below the heart's level.

You can take a picture of the snake for identification purposes, but only if you can do so safely. It's not necessary, though. As you just learned, getting close to snakes is not the best idea. The pros at the hospital can identify the venom by its effects and choose the proper antivenin based on that.

#### How to Prevent a Snake Bite

As with all things in life and health, a little prevention is worth a lot of cures. To reduce your risk of snake bite, always wear sturdy boots when you're in a lot of brush. Never put your hands or feet where you can't see them. And please don't mess with snakes. If you go your way, they'll most likely go theirs. And everyone will come out of the encounter happier and healthier.

## WLPOA Website

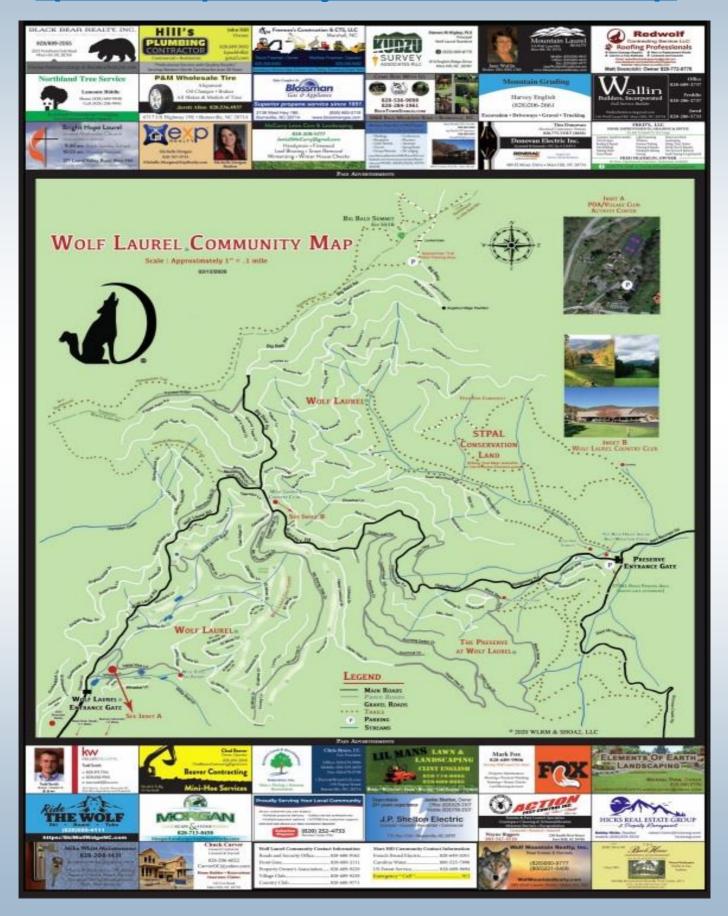
The WLPOA website has been redesigned - <a href="https://www.wolflaurelpoa.com/">https://www.wolflaurelpoa.com/</a>. It provides information including the following:

- WLPOA Board of Directors and Committee Chairs <a href="https://www.wolflaurelpoa.com/files/ugd/1610a3\_ed318639b70749da8b7c7abceb8do2bb.pdf">https://www.wolflaurelpoa.com/files/ugd/1610a3\_ed318639b70749da8b7c7abceb8do2bb.pdf</a>
- WLPOA / Village Club Office Contact Information <a href="https://367ab657-4382-4e2d-ae61-4bb3593fobo6.filesusr.com/">https://367ab657-4382-4e2d-ae61-4bb3593fobo6.filesusr.com/</a>
  ugd/1610a3 b5d14eb01c2347cab1292c49052797ff.pdf
- WLPOA Committees <a href="https://www.wolflaurelpoa.com/">https://www.wolflaurelpoa.com/</a> files/ ugd/1610a3 6e50b5791a9e4cd59bc6c19ffb4516e6.pdf
- WLPOA and Village Club Benefits <a href="https://www.wolflaurelpoa.com/files/ugd/1610a3\_2d9d49d267ca4558bf15844890c186ba.pdf">https://www.wolflaurelpoa.com/files/ugd/1610a3\_2d9d49d267ca4558bf15844890c186ba.pdf</a>
- Package Cabin Procedures <a href="https://367ab657-4382-4e2d-ae61-4bb3593fobo6.filesusr.com/">https://367ab657-4382-4e2d-ae61-4bb3593fobo6.filesusr.com/</a>
   ugd/1610a3\_310b8001005d42599aebbd79dofc98c6.pdf
- Wolf Laurel on the Internet <a href="https://www.wolflaurelpoa.com/\_files/ugd/1610a3\_9b1b79531b5847d8833c88b069186e62.pdf">https://www.wolflaurelpoa.com/\_files/ugd/1610a3\_9b1b79531b5847d8833c88b069186e62.pdf</a>

Feedback, comments, and suggestions are welcome - <a href="mailto:larryv8@gmail.com">larryv8@gmail.com</a>

## Wolf Laurel Road Maintenance and Security WL Map Click on the map to see a digital version or find it at

https://www.wolflaurelpoa.com/files/ugd/1610a3 395478a5b51847e0afdd7f285a94eb36.pdf



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#### **Advertising Information For TOB**

#### 2023

- 1) TOB editions are scheduled to be published again on the July 1st and November 1st.
- 2) Payment for an Ad in the TOB results in the Ad also being posted on the WLPOA website.
- 3) Ad fees:

Half page: \$70 / edition

Full page: \$80 / edition

4) Remit to:

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Thank You for your service to the Wolf Laurel community.



For Ad space and information contact Larry Veatch at <a href="mailto:larryv8@gmail.com">larryv8@gmail.com</a> or 352-359-0071